

**JANUARY 2020**

SUN	MON	TUE	WED	THU	FRI	SAT	
<b>HAPPY BIRTHDAY</b>	Janetta Hickman 1/7	Helen Thomas 1/19	1	<b>10:00 AM CALENDAR 101 HAPPY NEW YEAR</b>	2	3	4
	George Etheridge 1/14	Helen Bowman 1/29			9:00AM-12:00PM-MANICURES	<b>9:00 AM-12:00 PM VITALS DAY (ALL RESIDENTS)</b>	2:00 PM MOVIE MATINEE
	Jerry Allen 1/19				10:00 AM EXERCISE/TOSS	10:00 AM EXERCISE/TOSS	
				1:30-3:30 PM CARDS/GAMES	1:30 PM BINGO		
				6:00 PM BIBLE STUDY	FREAKY FRIDAY- WEAR YOUR MISMATCHED CLOTHES ALL DAY		
5	6	7	8	9	10	11	
2:00 PM FIRST BAPTIST CHURCH OF DONELSON	10:00 AM EXERCISE/TOSS 1:00 PM IN-HOUSE SHOPPING 2:30 PM SCATTERGORIES <b>4:00 PM THERAPY DOG (GRACIE)</b>	10:00 AM EXERCISE/TOSS 11:00 AM SHOW AND TELL 1:30-3:30 PM CARDS/GAMES	9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS <b>11:00 AM OLIVE GARDEN (SIGN-UP ONLY)</b> 2:30 PM WORD GAMES	9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS <b>10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP)</b> 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10:00 AM EXERCISE/TOSS <b>1:30 PM CHRIS AND JOE</b> 3:00 PM YOUR STORY	1:30 PM BINGO WITH ANNE AND MYRA	
12	13	14	15	16	17	18	
1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	10:00 AM EXERCISE/TOSS <b>10:00 AM FOOD COUNCIL</b> <b>1:00-3:00 PM ART WORKSHOP VOLUNTEER APPRECIATION THANK YOU NOTES</b>	10:00 AM EXERCISE/TOSS <b>11:00 AM RESIDENT COUNCIL</b> 1:30-3:30 PM CARDS/GAMES	9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 1:30 PM TRIVIA 3:00 PM BINGO	9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10:00 AM EXERCISE/TOSS 1:00 - 3:00 PM HOT CHOCOLATE AND A MOVIE	<b>2:00 - 4:00 PM CLOTHING DRIVE FOR THE HOMELESS</b>	
19	20	21	22	23	24	25	
1:00 PM TRINITY CHURCH OF THE NAZARENE	10:00 AM EXERCISE/TOSS 1:00 PM IN-HOUSE SHOPPING <b>4:00 PM THERAPY DOG (GRACIE)</b>	10:00 AM EXERCISE/TOSS <b>11:00 AM SING-ALONG WITH CAROLYN AND DON</b> 1:30-3:30 PM CARDS/GAMES	9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM REMINISCE: WINTER <b>1:00 PM HOBBY LOBBY (SIGN-UP ONLY)</b>	9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10:00 AM EXERCISE/TOSS 11:00 AM BOOK CLUB <b>1:30 PM ADAM LEE (MUSICIAN)</b> 3:00 PM REMINISCE: BRING A FAVORITE PHOTO TO SHARE	1:30 PM BINGO WITH ANNE AND MYRA	
26	27	28	29	30	31		
1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	10:00 AM EXERCISE/TOSS <b>1:00-3:00 PM ART WORKSHOP WITH KATHLEEN</b>	10:00 AM EXERCISE/TOSS 11:00 AM Wii BOWLING 1:30-3:30 PM BUBBLE WRAP ART WORKSHOP <b>5:00 PM JOE AND LEROY</b>	9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS <b>2:00 PM CULINARY CORNER (SIGN-UP ONLY)</b>	9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10:00 AM EXERCISE/TOSS <b>12:00 PM BIRTHDAY CELEBRATION</b> <b>1:30 PM BILLY TARKINGTON</b>		

FEBRUARY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	Evelyn Gupton 2/6 Judy Elhers 2/9 Rebecca Harrison 2/12	Del Pope 2/16 Audrey Horwath 2/18 Dawn Carpentier 2/24				1 2:00 PM MOVIE MATINEE
2 2:00 PM FIRST BAPTIST CHURCH OF DONELSON "LOVE" 5:30 PM SUPER BOWL PARTY	3 10:00 AM EXERCISE/TOSS 1:00 PM IN-HOUSE SHOPPING 2:30 PM BRAIN BUILDING	4 10:00 AM EXERCISE/TOSS 1:00 PM CALENDAR 101 1:30-3:30 PM CARDS/GAMES	5 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM CELL PHONE CLASS 1:00-4:00 PM THE SUGAR PEA CONSIGNMENT STORE	6 9:00 AM VOTING COMMISSION 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	7 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 1:00 PM BIG BALLOON TOSS 2:30 PM TRIVIA 3:30 PM FOOD COUNCIL	8 1:00 PM BINGO WITH ANNE AND MYRA
9 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	10 10:00 AM EXERCISE/TOSS 11:00 AM NEW NAME TAGS 1:00-3:00 PM ART WORKSHOP (WOODEN HEARTS)	11 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	12 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM FAMOUS DAVES RESTAURANT (SIGN-UP ONLY) 3:00 PM BINGO	13 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:00 PM PODIATRIST 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	14 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 1:30PM HALLMARK QUARTET 6:00 - 8:00 PM VALENTINE'S BALL	15 1:00 PM CARDS AND GAMES WITH MT. JULIET MISSIONARY BAPTIST CHURCH
16 1:00 PM TRINITY CHURCH OF THE NAZARENE	17 10:00 AM EXERCISE/TOSS 1:00 PM IN-HOUSE SHOPPING 2:30 PM BRAIN BUILDING 4:00 PM THERAPY DOG (GRACIE)	18 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM ART WORKSHOP (MARDI GRAS MASKS)	19 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 2:00 PM CROSSWORD PUZZLE 3:00 PM TRIVIA	20 10:00 AM EXERCISE/TOSS 11:00 AM SHOW AND TELL 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	21 PAJAMA DAY (WEAR YOUR FAVORITE PJ'S) 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 1:30 PM POPCORN & MOVIE (LION KING)	22 1:00 PM BINGO WITH ANNE AND MYRA
23 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	24 10:00 AM EXERCISE/TOSS 11:00 AM YOUR STORY 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN (PAINTING ON BURLAP-SIGN-UP ONLY)	25 10:00 AM EXERCISE/TOSS 11:00 AM REMINISCE: FASHION 1:30-3:30 PM MARDI GRAS PARTY 5:00 PM JOE AND LEROY	26 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM PENNY ANTE 2:00 PM SILVERNOTES ASH WEDNESDAY	27 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	28 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB 12:00 PM BIRTHDAY CELEBRATION 1:30 PM ADAM LEE (MUSICIAN)	29  LEAP DAY

\*CALENDAR SUBJECT TO CHANGE. PLEASE CHECK BULLETIN BOARD FOR UPDATES\*

MARCH 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	2 10:00 AM EXERCISE/TOSS  4:00 PM THERAPY DOG (GRACIE)	3 10:00 AM EXERCISE/TOSS  1:00 PM <b>CALENDAR 101</b> 1:30-3:30 PM CARDS/GAMES	4 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS  2:00 PM AUCTION	5 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	6 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS  3:30 PM FOOD COUNCIL	7 2:00 PM MOVIE MATINEE (The Original Mary Poppins)
8 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS DAYLIGHT SAVINGS TIME ENDS	9 10:00 AM EXERCISE/TOSS  1:00-3:00 PM ART WORKSHOP	10 10:00 AM EXERCISE/TOSS  11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	11 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00-2:00 PM LUNCH & BOWLING- HERMITAGE LANES (SIGN-UP ONLY) 3:00 PM TRIVIA	12 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 10:30 AM TULIP GROVE CHOIR 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	13 <b>MAD FOR PLAID</b> (WEAR YOUR FAVORITE PLAID) 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG CHOIR 1:30 PM PAM WESTON (MUSIC)	14 1:00 PM BINGO WITH ANNE AND MYRA
15 1:00 PM TRINITY CHURCH OF THE NAZARENE	16 10:00 AM EXERCISE/TOSS  4:00 PM THERAPY DOG (GRACIE)	17 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 2:00 PM <b>ST. PATRICKS PARTY</b> (WEAR GREEN)	18 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM NADEEN'S RESTAURANT (SIGN-UP ONLY) 3:00 PM CREATIVE WRITING	19 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY  FIRST DAY OF SPRING	20 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 1:00-4:00 PM "THE SPRING MARKET" (SHOPPING)	21
22 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	23 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	24 10:00 AM EXERCISE/TOSS 11:00 AM REMINISCE: HOBBIES 1:30-3:30 PM CARDS/GAMES	25 8:00-9:15 AM MANICURES 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 1:00 PM DOLLAR TREE (SIGN-UP ONLY) 3:00 PM CROSSWORD PUZZLE	26 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	27 8:00-9:15 AM MANICURES 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB 12:00 PM BIRTHDAY CELEBRATION 1:30 DRUM CIRCLE	28 1:00 PM BINGO WITH ANNE AND MYRA
29 1:00 PM HERMITAGE UNITED METHODIST	30 10:00 AM EXERCISE/TOSS 11:00 AM  1:00 PM BYOH (BRING YOUR OWN HOBBY - SOCIAL TIME)	31 10:00 AM EXERCISE/TOSS 11:00 AM SHOW AND TELL 1:30-3:30 PM CARDS/GAMES		Joyce Erwin 3/3 Hettie Thompson 3/12 William Pauly 3/15	Jean Hamilton 3/19 J.P. Cone 3/31	

\*CALENDAR SUBJECT TO CHANGE. PLEASE CHECK BULLETIN BOARD FOR UPDATES\*

APRIL 2020

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p>Happy Birthday!</p>	<b>Ann Jones 4/4</b> <b>Martha Francis 4/5</b> <b>Cleona Durham 4/13</b>	<b>Sylvia Meyerson 4/16</b> <b>Sheila Ransom 4/24</b>	<b>1</b> <b>9:00 AM CHICOS FITTINGS</b> 10:00 AM EXERCISE/TOSS	<b>2</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>3</b> 10:00 AM EXERCISE/TOSS <b>1:30 PM KEN KARTER VENTRILOQUIST</b> <b>3:30 PM FOOD COUNCIL</b>	<b>4</b> 2:00 PM MOVIE MATINEE	
	<b>5</b> 2:00 PM FIRST BAPTIST CHURCH OF DONELSON  PALM SUNDAY	<b>6</b> 10:00 AM EXERCISE/TOSS	<b>7</b> 10:00 AM EXERCISE/TOSS 11:00 PM <b>2:00 PM HIGH TEA PARTY</b> (WEAR YOUR SUNDAY BEST)	<b>8</b> 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS <b>1:00 PM CHICOS FASHION SHOW</b>	<b>9</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS <b>10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP)</b> 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>10</b> 10:00 AM EXERCISE/TOSS  GOOD FRIDAY	<b>11</b> 1:00 PM BINGO WITH ANNE AND MYRA
	<b>12</b> 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS  EASTER	<b>13</b> 10:00 AM EXERCISE/TOSS <b>4:00 PM THERAPY DOG (GRACIE)</b>	<b>14</b> 10:00 AM EXERCISE/TOSS <b>11:00 AM RESIDENT COUNCIL</b> 1:30-3:30 PM SCRABBLE TOURNAMENT	<b>15</b> 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS <b>11:00 AM IHOP (SIGN-UP ONLY)</b> 3:00 PM	<b>16</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>17</b> 10:00 AM EXERCISE/TOSS	<b>18</b>
<b>19</b> 1:00 PM TRINITY CHURCH OF THE NAZARENE	<b>20</b> 10:00 AM EXERCISE/TOSS	<b>21</b> 10:00 AM EXERCISE/TOSS <b>11:00 AM SING-ALONG WITH CAROLYN AND DON</b> 1:30-3:30 PM CARDS/GAMES	<b>22</b> 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM	<b>23</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>24</b> 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB <b>12:00 PM BIRTHDAY CELEBRATION</b> <b>1:30 PM JOEY BOONE (MUSICIAN)</b>	<b>25</b> 1:00 PM BINGO WITH ANNE AND MYRA	
<b>26</b> 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	<b>27</b> 10:00 AM EXERCISE/TOSS <b>1:00-3:00 PM ART WORKSHOP WITH KATHLEEN</b> <b>4:00 PM THERAPY DOG (GRACIE)</b>	<b>28</b> 10:00 AM EXERCISE/TOSS 11:00 AM 1:30-3:30 PM CARDS/GAMES	<b>29</b> 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM Wii BOWLING <b>1:00 -3:00 PM PHEONIX ANTIQUE MALL (SIGN-UP ONLY)</b>	<b>30</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY			

\*CALENDAR SUBJECT TO CHANGE. PLEASE CHECK BULLETIN BOARD FOR UPDATES\*



MAY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
					1 10:00 AM EXERCISE/TOSS	2 2:00 PM MOVIE MATINEE
3 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	4 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	5 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	6 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS	7 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	8 10:00 AM EXERCISE/TOSS 1:30 PM CHRIS AND JOE (MUSICIANS)	9
10 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS MOTHER'S DAY	11 10:00 AM EXERCISE/TOSS	12 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	13 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	14 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	15 10:00 AM EXERCISE/TOSS	16
17 1:00 PM TRINITY CHURCH OF THE NAZARENE	18 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	19 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	20 9:00 AM MORNING DEVOTIONAL 10:00 AM EXERCISE/TOSS	21 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	22 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	23
24 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	25 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN  MEMORIAL DAY	26 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	27 10:00 AM EXERCISE/TOSS  2:00 PM AUCTION	28 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	29 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	30
31 1:00 PM HERMITAGE UNITED METHODIST						

MAY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 4:00 PM THERAPY DOG (GRACIE)	<b>2</b>	<b>3</b>	<b>4</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>5</b> 10:00 AM EXERCISE/TOSS	<b>6</b> 2:00 PM MOVIE MATINEE
<b>7</b> 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	<b>8</b> 10:00 AM EXERCISE/TOSS	<b>9</b> 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	<b>10</b> 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	<b>11</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>12</b> 10:00 AM EXERCISE/TOSS	<b>13</b>
<b>14</b> 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	<b>15</b> 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	<b>16</b> 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	<b>17</b> 10:00 AM EXERCISE/TOSS	<b>18</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>19</b> 10:00 AM EXERCISE/TOSS	<b>20</b>  FIRST DAY OF SUMMER
<b>21</b> 1:00 PM TRINITY CHURCH OF THE NAZARENE  FATHER'S DAY	<b>22</b> 10:00 AM EXERCISE/TOSS 2:00 PM JUDSON JEWELTONES	<b>23</b> 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	<b>24</b> 10:00 AM EXERCISE/TOSS	<b>25</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>26</b> 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB 12:00 PM BIRTHDAY CELEBRATION	<b>27</b>
<b>28</b> 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	<b>29</b> 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	<b>30</b> 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES				

JULY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:00 AM EXERCISE/TOSS	2 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	3 10:00 AM EXERCISE/TOSS	4 2:00 PM MOVIE MATINEE
5 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	6 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	7 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	8 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	9 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10 10:00 AM EXERCISE/TOSS  Voting 9 <sup>th</sup> /10 <sup>th</sup> /13 <sup>th</sup> /14	11
12 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	13 10:00 AM EXERCISE/TOSS	14 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL  1:30-3:30 PM CARDS/GAMES	15 10:00 AM EXERCISE/TOSS	16 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	17 10:00 AM EXERCISE/TOSS	18
19 1:00 PM TRINITY CHURCH OF THE NAZARENE	20 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	21 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON  1:30-3:30 PM CARDS/GAMES	22 10:00 AM EXERCISE/TOSS	23 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	24 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	25
26 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	27 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	28 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	29 10:00 AM EXERCISE/TOSS	30 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	31 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	

**AUGUST 2020**

SUN	MON	TUE	WED	THU	FRI	SAT
						1 2:00 PM MOVIE MATINEE
2 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	3 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	4 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	5 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	6 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	7 10:00 AM EXERCISE/TOSS	8
9 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	10 10:00 AM EXERCISE/TOSS	11 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	12 10:00 AM EXERCISE/TOSS	13 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	14 10:00 AM EXERCISE/TOSS	15
16 1:00 PM TRINITY CHURCH OF THE NAZARENE	17 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	18 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	19 10:00 AM EXERCISE/TOSS	20 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	21 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	22
23 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	24 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	25 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	26 10:00 AM EXERCISE/TOSS	27 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	28 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	29
30 1:00 PM HERMITAGE UNITED METHODIST						



SEPTEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	<b>2</b> 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	<b>3</b> 10:00 AM EXERCISE/TOSS	<b>4</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY LABOR DAY	<b>5</b> 10:00 AM EXERCISE/TOSS	<b>6</b> 2:00 PM MOVIE MATINEE
<b>7</b> 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	<b>8</b> 10:00 AM EXERCISE/TOSS	<b>9</b> 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	<b>10</b> 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	<b>11</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>12</b> 10:00 AM EXERCISE/TOSS	<b>13</b>
<b>14</b> 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	<b>15</b> 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	<b>16</b> 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	<b>17</b> 10:00 AM EXERCISE/TOSS	<b>18</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>19</b> 10:00 AM EXERCISE/TOSS	<b>20</b>
<b>21</b> 1:00 PM TRINITY CHURCH OF THE NAZARENE	<b>22</b> 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN FIRST DAY OF FALL	<b>23</b> 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	<b>24</b> 10:00 AM EXERCISE/TOSS	<b>25</b> 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	<b>26</b> 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB 12:00 PM BIRTHDAY CELEBRATION	<b>27</b>
<b>28</b> 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	<b>29</b> 10:00 AM EXERCISE/TOSS	<b>30</b> 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES				

OCTOBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:00 AM EXERCISE/TOSS	2 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	3 10:00 AM EXERCISE/TOSS	4 2:00 PM MOVIE MATINEE
5 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	6 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)  Voting 6 <sup>th</sup> -9 <sup>th</sup>	7 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	8 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	9 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	10 10:00 AM EXERCISE/TOSS	11
12 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	13 10:00 AM EXERCISE/TOSS	14 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	15 10:00 AM EXERCISE/TOSS	16 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	17 10:00 AM EXERCISE/TOSS	18
19 1:00 PM TRINITY CHURCH OF THE NAZARENE	20 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	21 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	22 10:00 AM EXERCISE/TOSS	23 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	24 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	25
26 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	27 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	28 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	29 10:00 AM EXERCISE/TOSS	30 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	31 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	

**NOVEMBER 2020**

SUN	MON	TUE	WED	THU	FRI	SAT
						1 2:00 PM MOVIE MATINEE
2 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	3 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	4 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	5 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	6 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	7 10:00 AM EXERCISE/TOSS	8
9 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	10 10:00 AM EXERCISE/TOSS	11 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	12 10:00 AM EXERCISE/TOSS	13 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	14 10:00 AM EXERCISE/TOSS	15
16 1:00 PM TRINITY CHURCH OF THE NAZARENE	17 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	18 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	19 10:00 AM EXERCISE/TOSS	20 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	21 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	22
23 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	24 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	25 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	26 10:00 AM EXERCISE/TOSS	27 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	28 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	29
30 1:00 PM HERMITAGE UNITED METHODIST						

DECEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7 2:00 PM FIRST BAPTIST CHURCH OF DONELSON	8 10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	9 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	10 10:00 AM EXERCISE/TOSS 11:00 AM RESTAURANT TRIP	11 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	12 10:00 AM EXERCISE/TOSS	13
14 1:00 PM GOSPEL MUSIC FELLOWSHIP AT TWO RIVERS	15 10:00 AM EXERCISE/TOSS	16 10:00 AM EXERCISE/TOSS 11:00 AM RESIDENT COUNCIL 1:30-3:30 PM CARDS/GAMES	17 10:00 AM EXERCISE/TOSS	18 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 10:00 AM UNSOLVED MYSTERY (HERMITAGE LIBRARY SIGN-UP) 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	19 10:00 AM EXERCISE/TOSS	20
21 1:00 PM TRINITY CHURCH OF THE NAZARENE	10:00 AM EXERCISE/TOSS 4:00 PM THERAPY DOG (GRACIE)	18 10:00 AM EXERCISE/TOSS 11:00 AM SING-ALONG WITH CAROLYN AND DON 1:30-3:30 PM CARDS/GAMES	19 10:00 AM EXERCISE/TOSS	20 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	21 10:00 AM EXERCISE/TOSS 11:15 AM BOOK CLUB	22
23 1:30 PM MT JULIET CHURCH OF CHRIST (COMMUNION)	24 10:00 AM EXERCISE/TOSS 1:00-3:00 PM ART WORKSHOP WITH KATHLEEN	25 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES	26 10:00 AM EXERCISE/TOSS	27 9:00AM-12:00PM-MANICURES 10:00 AM EXERCISE/TOSS 1:30-3:30 PM CARDS/GAMES 6:00 PM BIBLE STUDY	28 10:00 AM EXERCISE/TOSS 12:00 PM BIRTHDAY CELEBRATION	29

DECEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
30						